

Year 4 Healthy Me: Peer Pressure

Key Vocabulary

Emotions	Someone's inner feelings
Relationships	How people are connected
Smoking	Inhaling and exhaling burning material
Cigarettes	Tobacco coated in paper to be smoked which can be very harmful to the body and banned until someone is 18
Pressure	Persuading or intimidating someone to do something
Guilt	Feeling like you have done something wrong
Alcohol	A liquid that is contained in drink. It cannot be drunk until someone is 18
Peer Pressure	A group or one person tries to get you to do something you don't want to do
Fear	A feeling where you feel in danger of pain or harm
Assertive	Showing a confident personality

