



PE Policy



At The Redeemer Primary School, we aim to provide pupils with the best sports provision possible. We aim to promote and foster a keen interest in sports that will lead to life-long sporting participation. The school delivers high quality P.E. lessons as well as providing quality opportunities outside of the school day with a pathway to participation for all and representing the school in local competitions. We recognise the value of Physical Education (P.E). We follow fully the aims of the national curriculum for physical education to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

We aim to teach P.E as a discrete lesson for a minimum of one lesson per week and two whenever possible. We also aim to integrate active learning across other curriculum areas where appropriate. The key knowledge and skills have been mapped across the year to support the needs of the children at The Redeemer. This ensures a progression of skills and understanding in games, dance and gymnastics. We also place high importance on fundamental movement skill in Early Years and KS1. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Years 2 and 6 attend residential visits, which allow children to take part in additional outdoor adventurous activities. These range from canoeing, ghyll scrambling, caving, rock climbing and orienteering.

To differentiate knowledge and skills to make lessons accessible to all pupils we use the principles of STEP. Some children with particular needs may require different activities, for example with a particular focus on fine motor skills if hand to eye coordination is a challenge.

S = change the space available

T = change the time allowed

E = change the equipment, e.g. softer or larger balls, different sized bats, etc

P = change the people, e.g. size of the groups

The PE Subject Leader is responsible for the development and monitoring of the PE curriculum.

We aim for children to leave each key stage with a proficiency in various sports and aspects of P.E. We also aim to expose children to a wider range of sports to encourage participation both in and out of school.