



## Y2 Summer 2

## PSHE: Changing Me

Lesson	Objective	British/school values	Vocabulary	Core Knowledge
1	To know how to recognise cycles of life in nature	Within this puzzle: RL IL, MR, T	Life cycle Change Fully Grown Control	Living things around us change They can grow or shrink and change appearance Draw a life cycle showing change – egg, baby, seed, infant
2	To know natural process of growing from young to old		Old Young Appearance Physical	Our bodies grow at different rates as do our other body parts As children grow, they become bigger and stronger and features change As adults become older, they can get wrinkles, hair colour changes and you get weaker
3	To know how my body has changed since I was a baby		Toddler Teenager Timeline Freedom	As you grow older you become more responsible for looking after yourself As people they have already changed a lot from when they were babies
4	To know the physical differences between boys and girls		Male Female Penis Testicles Vagina Vulva Anus	<ul style="list-style-type: none"> <li>- On our bodies we have 'private parts' that we should keep private</li> <li>- The swimming clothes rule: if you cover it up when you swim then we don't get it out in public and other people don't touch</li> <li>- The penis is the boys organ for weeing</li> <li>- The testicles are also part of the boy's private parts</li> <li>- The vulva is the outside parts of a female's privates</li> <li>- The vagina is the part inside</li> <li>- The anus is the opening where a body gets rid of poo</li> </ul>
5	To know there are different types of touch		Cuddle, hug, squeeze Like/dislike Acceptable Unacceptable	Some people like feeling and touching different textures People feel the same about physical contact It is always important to get permission before making physical contact



				If someone does not want to be touched, we need to respect that
<b>6</b>	To know what I am looking forward to in my new class		Change Excited Nervous Anxious	We can cope with change by talking to people about any worries we have and learning more Know what you are looking forward to next year Know you feel about changing class