



Lesson	Objective	British/school values	Vocabulary	Core Knowledge	Coverage
1	To know in animals and humans lots of changes happen	Within this puzzle: IL, MR, T	Changes Birth Mother Grown up	Know that babies to adults have a lot of changes They become stronger, bigger and capable of doing more It can be worrying getting a new baby in the family but also exciting	
2	To know how babies grow and develop		Grow Nutrients Survive Affection	We treat babies gently Babies need sleep and nutrients to survive and grow Babies are in mother's tummies for 9 months and grow until they are ready to be born.	
3	To know that boys' and girls' bodies need to change		Change Puberty Control	Puberty is when a child's body changes to an adult's body Boys voices get deeper and they get facial hair Girls shoulder widen and they develop breasts All changes happen at different times for different people	
4	To know how boys' and girls' bodies change on the inside		Ovaries Testicles Vagina	How are our bodies going to change on the inside What are these changes for	
5	To know stereotypical ideas I might have about parenting and family roles		Stereotypes Tasks Roles Challenges	What does stereotypical mean Can you challenge these views	
6	To know what I am looking forward to in my next class		Excited Nervous Anxious Happy	We can cope with change by talking to people about any worries we have and learning more Know what you are looking forward to next year Know you feel about changing class	